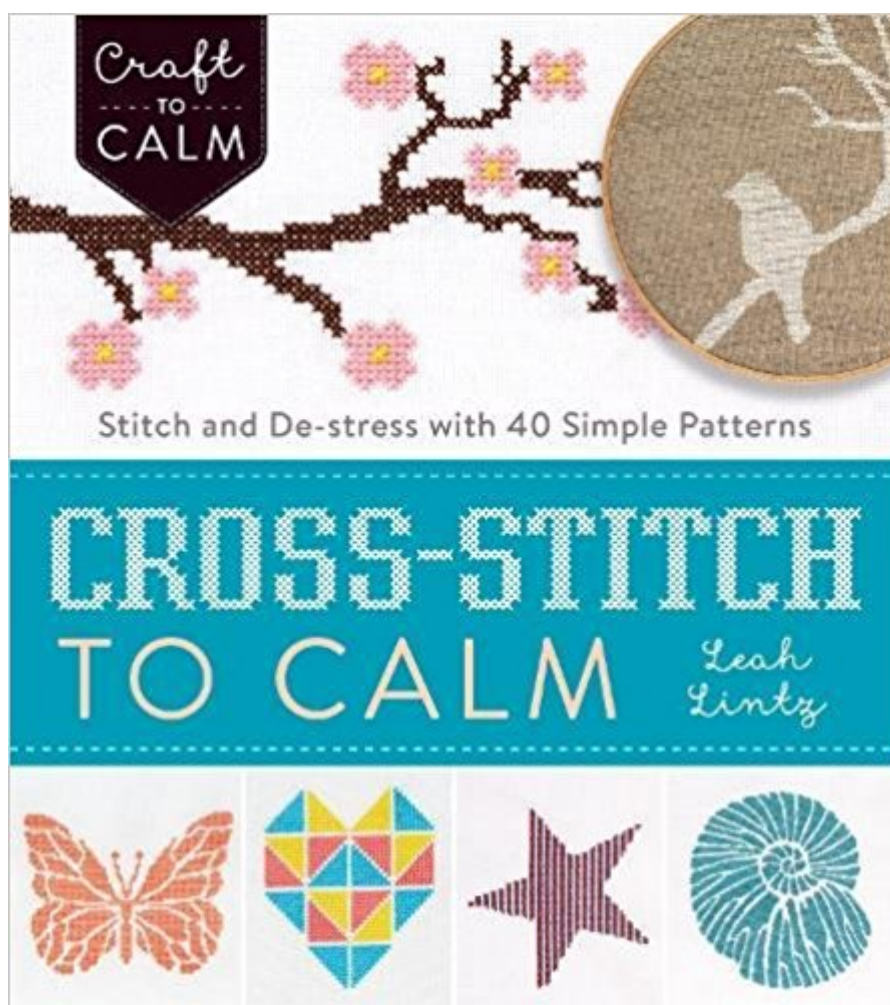


The book was found

# Cross-Stitch To Calm: Stitch And De-Stress With 40 Simple Patterns (Craft To Calm)



## Synopsis

Maximize the fun of needlework and minimize the stress! Discover how relaxing and satisfying crafting can be! In *Cross-Stitch to Calm* you'll stitch away your stress with this simple, yet meditative craft. Only a bit of embroidery floss, a needle, and fabric are needed. 40 unique, yet simple cross-stitch patterns are featured, along the themes of Creatures, Nature, Symbols, and Words. Plus, author Leah Lintz has included an introductory chapter that explains the basics of cross-stitch, as well as easy techniques for finishing and displaying your project. Through beautiful imagery and easy-to-stitch shapes, *Cross-Stitch to Calm* will help you enjoy a new pastime while creating beautiful art for yourself and others.

## Book Information

Series: Craft To Calm

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Average Customer Review: 4.5 out of 5 stars 18 customer reviews

Best Sellers Rank: #50,007 in Books (See Top 100 in Books) #4 in Books > Crafts, Hobbies & Home > Crafts & Hobbies > Needlecrafts & Textile Crafts > Cross-Stitch

## Customer Reviews

"Ideal for crafters who use the technique as a way to unwind. This collection is ideal for beginners looking for no-fuss patterns that don't require a rainbow of floss colors, or for experienced cross-stitchers seeking a quick, easy-to-finish, small project." --Library Journal "We've long known that cross stitch helps us to relax, and now author Leah Lintz has produced a book to help us make the most of quality time with needle and thread! There are...some truly beautiful, unfussy designs you'll love to hang on your wall to add some serenity to your home." --Cross Stitch Collection Magazine "This fantastic new book from publisher David & Charles is simply on-trend goodness!" --The World of Cross Stitching

A dual citizen of both the United States and the United Kingdom, Leah Lintz was first introduced to

the art of cross-stitching while awaiting the birth of her eldest daughter. She quickly developed a keen eye for the elegant yet simple designs. Thousands of her patterns have been purchased by stitchers from over 35 countries.

I love this book and have done 4 or 5 designs from it already. I love the simplicity of just a few colors and the focus on relaxation rather than "finishing" the project. I put down a project for a month or two, came back, and it was easy to find where I left off and finish it. I hope she makes more!

Great for a beginner, I am enjoying it very much...

I love these patterns. No more cutesy kittens and flowers. Finally something contemporary. I love this. Wish the patterns were easier to read, but this is a book so kind of expected. Maybe patterns can be accessed online?

Gave this book as a gift and she absolutely loved it! Perfect for any cross stitch lover! Detailed book with tons of patterns.

This is exactly what i needed thank you Leah!! Very happy, Beth!

Just a couple appealing patterns. Most all were not my style or readily available online

So excited to give to this to my MIL. Excellent condition. No problems.

Quick, simple but attractive patterns.

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Cross Stitch: Learn How to Cross Stitch Simple and Easy Pictures, Patterns, and Shapes - CROSS STITCH (Cross-Stitch, Needlework, Needlepoint, Embroidary, ... Hobbies and Home,  
Cross-Stitching, Crochet) Cross-Stitch to Calm: Stitch and De-Stress with 40 Simple Patterns (Craft To Calm) Modern Cross Stitch: Over 30 fresh and new counted cross-stitch patterns Fractal Cross Stitch Patterns (StitchX Fractal Cross Stitch) (Volume 1) Calm colouring book: Adult colouring book with Easy flower designs and simple floral patterns for Stress Relief and Relaxation, Anti-Stress

Colouring, ... Colouring Books of Adults) (Volume 3) Cross Stitch Sentiments and Sayings (Cross Stitch (David & Charles)) Mega Mini Cross Stitch: 900 Super Awesome Cross Stitch Motifs Cross Stitch Motif Series 3: Borders: 300 New Cross Stitch Motifs Cross Stitch Motif Series 6: Kitchen: 180 New Cross Stitch Models 50 Cross Stitch Quickies Flowers | Cross Stitch | Leisure Arts (6961) Cross Stitch Motif Series 2: Baby & Kids: 400 New Cross Stitch Motifs 100 Cross Stitch Card Designs: Cross Stitch Cards for Every Occasion Magical Swear Word. Adult Coloring Books: Relaxation and Stress reduction: 30 Stress Relieving Magical Sweary Designs : flowers, mandalas, patterns. ... Anxiety and Stress (Swear Word Coloring Book) The Calming Collection - Calm Mom, Calm Dad, Calm Child: Keeping Your Cool With Your Children, Your Family, and Everyone Else in Your Life The Mr. X Stitch Guide to Cross Stitch A Cat For Anne, Book 5 (Craft Book, Cross Stitch) (Leisure Arts, #766) Crochet the Corner to Corner and Straight Box Stitch for Beginners: Learn the Basics of Crochet and How to Crochet the Popular C2C and Straight Box Stitch Patterns Designer Cross Stitch Projects: Over 100 Colorful and Contemporary Patterns Donna Kooler's 555 Fabulous Cross-Stitch Patterns

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